

A quick guide to Lasting Power of Attorney

There are financial and healthcare Lasting Powers of Attorneys (LPAs) that enable a trusted friend or family member(s) make decisions on behalf of a loved one who has lost the capacity to make them themselves. At Age Space we believe everyone should have one set up as they will save a lot of time, money, and stress if there ever comes a point when they're needed and you don't have one.

**Download the form from your
government's website**

1 Choose your attorney(s)

Pick someone you trust completely. You can appoint more than one, and choose whether they act jointly or independently. Talk to them to make sure they understand and agree to it. You can have a lawyer as your attorney.

2 Decide on any restrictions

You can place conditions or guidance on how your attorney acts - these are written into the document.

3 Appoint a certificate provider

An independent person (not a family member) must certify that you understand the LPA and are not being pressured into it.

4 Register the document & tell relevant organisations

It must be registered before it can be used (which takes several weeks) and you should tell banks, GPs and others so they recognise your attorney's authority

**It can only be
made while you
have mental
capacity**

**Scotland and NI
have slightly
different
processes**

**Seeking
professional
advice is advised**